



## *Living Elements*

Quality self-catering Accommodation  
in a rural setting near Chichester  
[www.chichesterselfcatering.co.uk](http://www.chichesterselfcatering.co.uk)

### **Suitability of the house for those with disabilities - Living Elements. ACCESSIBILITY STATEMENT**

**Living Elements is suitable for partially disabled and some wheelchair dependent clients, but not for those who require the use of a hoist for transfers.**

Parking on tarmac for 3+ cars in a private off-road carpark, shared with the complementary health clinic opposite.

There is direct wheelchair access into the house through a gateway via a yellow smooth paved pathway bounded by lawn for 15m to the tiled jacuzzi patio through a gate. From here via a permanent shallow ramp leads to the front door. There is no handrail up the ramp or an edge to it but there is a sharp colour contrast. There are handrails either side of the door and at the top of the ramp is a small platform.

The other access doors have hand rails / grips by the doors and low cills but one step.



There is a disabled-use toilet with access bars on the ground floor just inside the front door and a walk-in shower with a moveable shower seat (no wheels). This has an alarm feature pull cord by the toilet. The access distance for the shower is 490mm wide and there is a small lip

*Gayle Palmer, Proprietor*

*Living Elements*

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to step over. The shower is NOT suitable for wheelchair transfers directly as some handling will be required. The hand basin is not accessible by wheelchair. This bathroom also contains the sauna for 6-8 people. Tiled safety flooring. Downlighting. Underfloor heating. The main bathroom door is sliding, and has no lock on it for extra safety for sauna users / bathroom users. There is an "occupied" notice on the door outside though.

There is a further toilet and wash basin which is not wheelchair accessible on the ground floor but is fine for those with moderate mobility. It has plenty of things to grab hold of for balance. Radiator and towel rail. Note: low door height.



The downstairs bedroom has a moveable, low level kingsize double sofa bed. It is suitable for some hoists as they can fit underneath the bed and has a standard doorway (730mm) although it is wheelchair accessible. It looks out onto the jacuzzi patio garden via sliding French doors which has a high step to the patio level.

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A flat screen TV can be put into this room on the wall and used with a remote controller. There is a carpet in this room. All linen is allergen-free. Please restrict the access of dogs into this room. There is a room stat in the snug room which controls the ambient heat for all the ground floor. In the winter when the central heating is on therefore please leave the bedroom door open to allow air exchange during the day. (There is a separate 2nd floor stat.)

All rooms downstairs are wheelchair accessible and have either short pile carpets or tiles. All the windows are low level to ensure plenty of glorious daylight and views onto the garden.

There is no wheelchair access to the first floor nor a stairlift. The stairs are moderately steep but do have a hand rail. Family bathroom - There is a low height bath upstairs with overhead shower, plus a WC and hand basin. Shower mats etc are standard. Safety flooring is vinyl. Downlighters and room extractor fan.

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For those who are partially sighted, the flooring, door and walls are of contrasting colours and textures throughout the house. Many of the kitchen cupboards are low level for storage etc. The lighting is very adequate throughout the house but there are extra task-specific lighting as well.

Kitchen unit worktop height is the standard 750mm. Lever taps.

The jacuzzi is not available for use if you have not got good balance and are fairly flexible as it is free-standing on the patio. Wooden steps on the outside of the jacuzzi are used for access. Note: The lid is heavy and awkward to lift off. The sauna is partially accessible for those with moderate movement problems. Note: It should not be used by those with high blood pressure problems etc.

For more details ask Gayle for the Sauna / jacuzzi safety guidelines. The large patio is accessible from the groundfloor sung bedroom or the front door.



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There are paved, wide walkways all around the house for accessibility and to enjoy the large garden. No ponds. The garden is enclosed by a hedge and accessed by a choice of two gates. Wheelchair storage in the outside, lockable black shed. Also good for a boot / wet clothes store.



There are various notices about the house eg waste collection / bin details and reminders to shower before using the hot tub etc

Much more detailed information is in the **House Handbook** about

- local amenities with special facilities eg beach wheelchair!
- Scooterbility and local supply shops for aids
- Taxi hire (there are disabled access cabs at Chichester Railway Station)
- easy access walks and other attractions
- fire alarm procedure (smoke alarms are in place but we do not have a flashing light facility)
- hot tub and sauna safety guidelines

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- We welcome Assistance and care dogs.
- We are pet-friendly.
- We are open throughout the year

If you require large print format material or extra details in advance of your stay, please contact me. Pet T&C's available - on the website or ask. There is a note pad and paper available in the house.

I can provide water and food bowls for dogs if necessary but not pet beds. The garden is in 2 parts - a patio garden and larger double lawned area. The lawn area is not totally 100% dog-escape free! Please clean up after your pets, thank you. Small bags are available for the necessary. There is plenty of room for a pet bed in the lounge or secondary hallway. There are lots of places for walks nearby!! Up to 3 well-behaved dogs allowed. They are NOT allowed upstairs.

Wifi / internet connection is patchy but usually OK in the main lounge. It cannot be boosted further, hence it is free.

NO smoking throughout the property. A complementary clinic operates on the other side of the driveway. You are welcome to make an appointment during your stay [www.livingelements.co.uk](http://www.livingelements.co.uk)

If you have any further questions regarding access or special requirements please call me directly.

I hope you enjoy your holiday at Living Elements.

Gayle Palmer, Osteopath

Updated January 2014

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